

Press release: 3 June 2021

## Call for a mental health system powered by lived experience

Scottish Recovery Network has launched [a three-year strategic plan](#) (2021-24).

‘A new future for mental health’ outlines how the organisation will work with others to create a recovery focused mental health system that is powered by lived experience. At the heart of the plan is improving engagement with people with mental health challenges in the development and implementation of local and national mental health strategies.

The Scottish Recovery Network strategic plan calls for the transformation of mental health services and support through the adoption of recovery concepts and approaches. This includes working with groups, organisations and services to embed peer opportunities and peer working roles across the country. This work has already begun with the creation of the [Peer Recovery Hub](#) and a call out to get involved in the new [Peer2Peer development programme](#).

### **Louise Christie, Acting Director, Scottish Recovery Network said:**

“Our strategic plan ‘A new future for mental health’ represents the views of people organisations and services from across Scotland who took part in a national engagement on the future of recovery in Scotland.

A recovery focused mental health system should be powered by lived experience and support everyone’s recovery journey. It should be based on the needs and preferences of those seeking support. We will continue to bring people, services and organisations, across sectors, together to explore and develop new ways of working that value different experiences, expertise and voices, and rebalance power.

Together we will bring about the changes needed to transform Scotland’s mental health system.”

- [Read the strategic plan](#)
- [A BSL version of the plan](#)
- Book your place at the [Peer development programme information session](#)

### **Press enquiries**

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