Let’s talk about recovery

Conversation Cards
#LetsTalkRecovery
Use these cards to get thinking and talking about recovery. Good conversations happen when...

- There are no right or wrong answers
- We contribute our ideas and experiences
- We listen to and respect each other
- We don’t have to agree but try to understand each other
- Everybody gets a chance to speak if they want to
Who matters to me?

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What gives me hope?

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Identity
Who am I?
What makes me feel good about life?

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Empowerment
Empowerment

What am I good at?

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Join the recovery conversation

Get involved

info@scottishrecovery.net
0141 240 7790

www.scottishrecovery.net

or join us on social media

@SRN_Tweet #LetsTalkRecovery
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Scottish Recovery Network

Together we can make recovery real for everyone in every community.