The Power of Peers
Ayrshire Networking Event

Tuesday 7th of May, 2019
10.30am – 3.30pm
Volunteer Rooms, Irvine

Peers are people who have a shared experience of mental health problems and recovery. These “experts by experience” can help support other people facing similar challenges and use their expertise to help improve the way services are delivered.

This event will provide an opportunity to discuss a range of different approaches to peer support and peer engagement across Ayrshire. There will be workshops, discussion groups and opportunities to connect, share and learn from other people.

This event will be of interest to people with their own lived experience of mental health problems as well as people who support others in their recovery.

Register to attend this event on Eventbrite
www.peer-power-ayrshire.eventbrite.co.uk
or email: info@scottishrecovery.net