Mersey Care Life Rooms
Recovery College?

A Presentation for the Scottish Recovery Network
Where is the Life Rooms?
Why are we doing this?

• Supporting on-going recovery journeys.
• Complex needs.
• Holistic approaches.
• Making the best of community assets.
• Life beyond services.
What is the Life Rooms?

- A welcoming Safe Space.
- Home of our Volunteering service.
What is the Life Rooms?

- Home of the Recovery College
- Employment support and advice
What is the Life Rooms?

- Working with partners and community assets.
- Co-design, review and production.
New ways of working..

- With GP’s
- IAPT services collaboration
New ways of working..

• Pathway advisors

• “Social prescribing”

• Partnerships ‘Turnips and Groats’

• IPS+ ?
Lloyds Banking Group
Journey in numbers so far...

- Footfall
- Students
- Volunteers
- Pathways clients
Life Rooms Developments

• Life Rooms Pilot – enhancing pathways

• Hugh Baird College collaboration

• Physical health offer
Supporting the forensic services agenda.

• Development of Secure Life Rooms.

• Supporting existing provision, expertise and success.

• Sharing resources.

• Making better use of leave.
THE RECOVERY COLLEGE
Your Future, Your Way
• Courses are designed to help people achieve their life goals and ambitions.
• Courses are co-produced, delivered and reviewed by experts by experience and experts by profession. Mostly the same people.
• The College is tied into other Life Rooms provision.
Courses are being developed throughout the year, and anyone can propose an idea for a course and get involved.

50 + courses and experiences available across Mersey Cares footprint.
Aims

• Promote life after the Recovery College and Life Rooms.

• Existing community provision?

• Reduce dependency culture?
So What?

• Does all this work?
• ReQol? WEM Webs?

• Service Evaluation Results – 1 year in.
Winner of Partnerships tackling Mental Health Inequalities
HRH Duke of Cambridge officially opens Life Rooms Walton
Want to know more?

Contact a member of our team by calling us on 0151 330 4140 or emailing us on the following:

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Or go onto our website www.liferooms.org