

## SRN values and CHIME

The CHIME framework supports the Scottish Recovery Network's strategic intentions in the following ways:



### Connectedness

Relationships are core to recovery and the work of the SRN team. Good relationships are honest, reflective, appreciative, supportive and kind.

### Hope and Optimism

We have seen and effected change. We know it can happen and we know that our vision will become a reality. This is not a folorn hope, but hope with a purpose.

### Identity

Distress is a universal experience, although the impacts on individuals can vary. Stigma is the common barrier. We value those who are able to talk about their experience to help others and to inform policy and practice. We value those for whom such openness is not currently possible and work for a society where it is.

### Meaning and Purpose

Having a purposeful life and being respected by others can be key to wellbeing. The work of SRN aims to create an environment where lived experience is valued equally with professional knowledge.

### Empowerment

Taking control of one's life, however that is done and to whatever extent, is a key to unlocking recovery.

[www.scottishrecovery.net](http://www.scottishrecovery.net)