

SRN National Gathering ²⁰¹¹

Scottish Recovery Network
www.scottishrecovery.net

Welcome

to the Scottish Recovery
Network National Gathering
2011!

The National Gathering is designed to give Network members the opportunity to come together and consider next steps for the promotion and support of recovery in Scotland.

Our keynote speakers are **Rona McBrierty**, international consultant and trainer, and **Professor Richard Warner** of the University of Colorado & Director of Colorado Recovery.

The event will be chaired by **Gregor Henderson**, international advisor and consultant.

Poet in residence, **Jo McFarlane**, will contribute throughout the day.

The National Gathering 2011 will be streamed live on the SRN website. Filmed footage and photography will be available thereafter.



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Programme

Registration	9.00
Welcome by the Chair: Gregor Henderson	10.00
SRN Introduction: Simon Bradstreet	10.30
Keynote speaker: Professor Richard Warner Recovery, employment & empowerment	11.00
Q&A	11.40
Break	12.00
Round table discussion	12.20
Poet in Residence: Jo McFarlane	12.50
Lunch	1.00
Poet in Residence: Jo McFarlane	2.30
Keynote speaker: Rona McBrierty My never ending journey	2.40
Q&A	3.20
Break	3.40
Round table discussion	4.00
Poet in Residence: Jo McFarlane	4.30
Close	4.45

Biographies

Gregor Henderson, International adviser & consultant

Gregor is an adviser and consultant to several UK and overseas Government Departments, public and private sector organisations on mental health and wellbeing. Previously, he was the Director of Scotland's innovative and internationally renowned National Programme for Improving Mental Health and Wellbeing from 2003 to 2008, Director of the Scottish Development Centre for Mental Health, and Senior Fellow at the Institute of Psychiatry, King's College London. Gregor is currently the national programme lead on Wellbeing and Population Mental Health with the National Mental Health Development Unit in London, policy adviser to Mental Health Europe, and an adviser to The Place2Be.

Simon Bradstreet, Director, Scottish Recovery Network

Simon has been Director of the Scottish Recovery Network since 2004. He feels privileged to be working with a capable and enthusiastic staff team and a much wider network of individuals and organisations committed to the promotion of recovery. Prior to working with SRN he helped develop the Network as an employee of SAMH where he worked on various campaigns and policy and research initiatives. Simon is also a Board member of the Scottish Drugs Recovery Consortium.

Richard Warner, Professor of Psychiatry & Anthropology, University of Colorado; Director, Colorado Recovery

Richard Warner is Professor of Psychiatry & Anthropology at the University of Colorado and Director of Colorado Recovery, an intensive treatment programme for people with serious mental illness. For nearly 30 years, until 2005, he was Medical Director of the Mental Health Center of Boulder County where he helped develop a number of innovative community treatment programs. For the past 15 years he has been closely involved in a global campaign of the World Psychiatric Association to combat the stigma of schizophrenia. He is the author of a number of books including *Recovery from Schizophrenia*, *The Environment of Schizophrenia* and, with Julian Leff, *Social Inclusion of People with Mental Illness*.

Rona McBrierty, International consultant & trainer

Rona has personal experience of mental health challenges and after many years of being defined by these is now using the knowledge and awareness gained to help herself and to work with others. She has developed a training portfolio which includes Advanced Level WRAP, Scottish Mental Health First Aid, and Peer volunteer training. Rona supported the development and delivery of the 10 Essential Shared Capabilities training, Realising Recovery training and Recovery in Practice training throughout Scotland, and has worked as a consultant in training for SRN and Health and Mind. Rona works internationally as well as in the UK, recently supporting the development of a value based training course delivered to nurses in the United Arab Emirates in January 2011.

Jo McFarlane, Poet

Jo is a poet who has lived in Edinburgh all her life, and has been writing poetry since 2005. She studied at Edinburgh University where she gained a degree in Spanish and Italian, and then a post graduate qualification in Community Education. She has since worked in various roles within the voluntary sector in Lothian, and now devotes her time to poetry and writing. She has produced 6 books to date, all of which have been self-published. Jo is regularly invited to read excerpts of her work at groups and events around Scotland.



Raising Expectations & Sharing Ideas For Mental Health Recovery

The Scottish Recovery Network (SRN) was formally launched in 2004 as an initiative designed to raise awareness of recovery from mental health problems. Since then interest in the concept of recovery has increased greatly in Scotland. We now understand more about what recovery means to people and are thinking carefully about the implications for the way we support people with mental health issues.

We are a network in two senses. Firstly SRN was developed out of a loose affiliation of individuals and organisations with a common interest in recovery, and secondly, it has been designed to share information and ideas as quickly as possible.