

# Getting to know you...

a one day event for families and carers of forensic patients in Scotland to meet and exchange views

**Saturday 31 October 2009**

Glasgow Caledonian University,  
George Moore Building

This is the third national conference for families and carers of forensic patients to be held in Scotland and the first time in Glasgow.

The programme has been designed by carers & professionals and hopes to address some of the key concerns families face when their loved one is receiving secure hospital care & treatment.

**Our speakers include:**

- Introduction - Martin Montgomery, General Manager, Forensic Services GG&C
- The Head of Mental Health at the Scottish Government - Geoff Huggins
- The Chair of the Human Rights Commission - Alan Miller
- Caroline Peddie, Behavioural Family Therapist
- Charing Cross Carers
- The Chief Executive of the National Schizophrenia Fellowship in Scotland - Mary Weir

- Forensic Psychiatrist - Dr Helen Kirk
- and – most importantly – **YOU!**

You can come along and just listen or you can speak up and be listened to. We have also planned some more relaxed and humorous – but thought provoking – activities for the afternoon.

**Topics for discussion include:**

- Human dignity & care
- Prospect: a programme to support families
- What forensic services can do for families
- Rebuilding family relationships

There will be plenty time allowed for you to chat to other carers or meet professional staff.

This special day has been funded by the Scottish Forensic Network and is free to all carers.

**For more information, or to book a place,  
please call Caroline Peddie 0141 232 6477  
or Tracy Brittan 0141 232 6452**

## BOOKING FORM – CARERS DAY 31 OCTOBER 2009, GCU

Please book \_\_\_\_\_ places at this conference and send confirmation details to me at:

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Postcode: \_\_\_\_\_

Tel No: \_\_\_\_\_

Mobile: \_\_\_\_\_

**Please complete this slip and return to us at:**  
The Conference Organiser, Rowanbank Clinic,  
133c Balornock Road, Glasgow, G21 3UL

**PARKING:**

Blue badge holders can park in Glasgow Caledonian University car park's disabled spaces free of charge.

The organisers have purchased some car parking passes for families who will be travelling by car.

Please indicate by ticking this box if you need a pass

**CATERING:**

Please contact us if you have any special requirements