

Peer Support Fife AGM

The independent voluntary sector organisation Peer Support Fife has held an AGM in Cupar, and elected a committee and office bearers with Chrys Muirhead continuing as Convener in a voluntary capacity. She now works independently as a trainer and consultant in mental health recovery areas, including WRAP facilitation. There was a good turnout at the meeting and support from individuals, mental health organisations and Fife Council. In the short term the aim is to develop peer support training materials and to promote the peer support model in the mental health setting. As funding is applied for and hopefully secured PS Fife will recruit and train PS Workers to help people with mental ill health into recovery. They have acquired an office in the VONEF building, Crossgate, Cupar, and their service extends throughout Fife.

Brian Black, Development Worker with Fife Council Social Work Contracts, is working with PS Fife to identify funding sources and helping Rosie Armstrong, Treasurer, to complete funding applications. Chrys and Rosie met at Adam Smith College over 2 years ago through the student mentoring project, Chrys worked as an Employability Co-ordinator and part of the job was to recruit and train mentors, Rosie was a student on the HNC Working with Communities and volunteered to mentor other students. Rosie completed her HNC and has gained experience working in a local mental health project, and she is keen to be involved in this recovery-focussed initiative. The TODAY Group Fife collective advocacy project is also supporting this work and Christina Cooper, Service Manager, joined the committee, along with representatives from the Richmond Fellowship Scotland and Link Living. For more information on Peer Support Fife please visit www.peersupportfife.org.uk or contact peersupportfife@aol.com.

This article was provided by Peer Support Fife