



Scottish Recovery Network

Project Background

The Scottish Recovery Network is aware of the invaluable contribution that informal supporters and carers can make to a person's recovery. We also recognise that supporting recovery is not a straightforward matter and there are many issues that can arise and complicate this process.

For this reason we have been committed to work in this area since 2006. We have investigated taking this work forward in a number of different ways. In November 2008 we attempted to host a national event around this topic, however, we had to cancel this event due to the limited number of carers/informal supporters able to attend the event. We recognise that there are a number of factors that may have contributed to people being unable to attend this national event, however, our overall sense is that it was not because they did not want to attend or participate.

We are now looking to take a more local approach which will be an exciting opportunity for people to discuss recovery and its implications for family members, informal supporters and carers of people experiencing mental health issues. This project is designed to inform and encourage further work around the role of informal supporters in promoting recovery.

Scottish Recovery Network
December 2008